

AANZPA Conference 2017 – Detail of Conference Sessions

Wednesday 25th Evening

Session 7:00pm – 8:30pm

Our Sociometry: Exploring, engaging, expanding - visible companions - Diana Jones, Margie Abbott, Helen Phelan, Simon Gurnsey

Thursday 26th Morning

Session 9:00am – 10:00am

Key Note Address - Psychodrama: A Panoramic Theory For The Movement Of Liberty, Vitality And Wellbeing In The Current World, As It Is - Phil Carter

Thursday 26th Morning

Session Selection 10:30am – 11:00am

Sessions 11:00am – 12:30pm

1. **Healing in an Evolving Universe – Margie Abbott**

This presentation will be a snapshot of a number of ways that I work as a sociometrist when I am not formally training groups in psychodrama. Generation Waking Up established in 2010 through an alliance with Western and Third World countries to ignite a generation of young people to bring forth a thriving, just, sustainable world captured my attention in 2011. I train young people to present Gen Wake Up in school settings.

Eco-Spirituality Retreats and Earth Rituals

Designed and presented to awaken people of all ages to the interconnectedness of all that is: human and non-human. I will present examples and demonstrate some practices.

Evolutionary Spirituality

I am part of a collective of 36 women from 16 countries and we meet regularly using Zoom.

I will share how this experience is enhancing my appreciation of the Universe Story and informing my presentation to groups telling this story sometimes called "The New Story"

Margie Abbott is a Sociometrist and TEPit who lives in Geelong. Margie is on the staff of the Adelaide Campus of Psychodrama Australia and her private practice is called "Igniting Sparks".

2. Taking Learning into Life – The Fourth Phase: Aligning the Psychodrama Session with Moreno’s Vision – Walter Logeman & Bona Anna

“A truly therapeutic procedure cannot have less an objective than the whole of humanity” - Jacob Moreno, "Who Shall Survive?" In this powerpoint presentation, we will propose a phase to link the life of the psychodrama* group to action in the world. This fourth phase, which we call the reflection phase, follows the warm-up, action and sharing. It is designed to clarify resolutions of the drama, link them to the group warm-up and promote subsequent social action, in line with Moreno’s vision.

*Meant in its widest sense to include psychodrama, sociodrama, role training and sociometry.

Bona Anna (Psychodramatist, Trainer Educator Practitioner in Training) has been involved with psychodrama in Aotearoa New Zealand and Australia for 30 years, applying Moreno’s philosophy and methods in many areas of life and work. She is a member of the training staff at the Sydney Campus of Psychodrama Australia.

Walter Logeman is a Psychodramatist, Trainer Educator Practitioner in the Christchurch Institute for Training in Psychodrama and a psychotherapist in private practice. He is a keen student of the writings of J.L. Moreno and has published several articles in the AANZPA Journal.

3. The Internet in Action – Dan Randow

The Internet is part of your life. Is it mystery that you can't possibly understand? Or is it just small pieces connected to each other, in ways that anyone can understand? At the Internet in Action, you will learn a bit about how the Internet works by experiencing it for yourself. What happens when you click on a link or send an email? You can experience being one of the parts, and interacting with the other parts. No technical knowledge is necessary. Everyone will learn something, get a little inspired, and have some fun.

Dan works in organisations growing culture and strategy, usually in a digital context. Which is everywhere. An advanced trainee, Dan brings Sociometry to organisations and technologists. He loves the magic that happens when people step onto the stage and explore their world together.

4. Releasing the Writer – Diana Jones

Writing is an integral aspect of becoming a practitioner. I have discovered it is the practitioner who is the writer. Psychotelic criteria help. Based on my experience of completing my forthcoming book, Leadership Material: how personal experiences shape executive presence, this workshop will cover the writer’s warm up, significant moments in the development of a manuscript, and the warm up to pressing send. Come prepared to write.

Diana is a sociometrist, Trainer Educator and Practitioner, and a staff member with the Wellington Psychodrama Training Institute. She is a leadership coach with public, private sector and NGO executives and their teams and has been doing this work for several decades. She is particularly interested in what it takes within organisations for leaders to shift from coping roles to progressive roles.

5. Addressing Workplace Bullying – Hadyn Olsen

Workplace bullying is the new buzz word. It is increasingly being used and misused by people in organisations and while there is a significant amount of research into what bullying is and how it affects people, there is very little that actually helps organisations stop it.

How is workplace bullying defined? Does feeling bullied equate to being bullied? What is needed in the social system to prevent bullying in workplaces and how can psychodrama be useful in helping targets, perpetrators and those who manage them.

Hadyn is a consultant specialising in workplace bullying and harassment and has worked in this field since 2000. He has also been a psychodrama trainee with the Auckland Training Centre for Psychodrama for about six years which has affected his views and the way he works with organisations and clients.

6. Next Lesson Self Expression – Vicki Atkinson

This is a presentation with the opportunity to play, enjoy your own and others spontaneity and self-expression. The focus of this presentation is the therapeutic group work Vicki has carried out in schools and clinical settings both in the north of England and in Aotearoa drawing on Morenos' spontaneity theory and role theory with children and youth. Child development theories from both psychodrama and dramatherapy will also be included to demonstrate how they also inform an integral part in this work.

Vicki studied drama at Victoria University of Wellington leading into involvement in touring theatre, community theatre and teaching children's drama. She then re located to the north of England and completed her training in psychodrama at the Northern School of Psychodrama before returning home to Auckland, New Zealand Aotearoa in 2010. Vicki has worked predominantly in Child and Adolescent Mental Health Services both in clinical and school settings. She has been working for the last 5 years at Waitemata District Health Board Child and Youth Mental Health Services (Pupukemoana) as part of an Intensive Clinical Support Service that provide a wraparound Service to children, youth and their families/whanau with complex mental health and care and protection needs. She is also part of Auckland Playback Theatre Company.

7. Get It Locked & Loaded – Vanesa Valentine

In this session we will explore what is required to create and present a client with a contract for short-term training work. In my view, a contract assists us to get work signed off, while also protecting us from things such as doing too much work for too little pay. This will be a discussion group where we may also use action methods to explore: When to use a contract Ideas for what to put in the contract Ideas for warming the client up to signing. I will bring a contract along to share. We can all expand our ideas for creating & presenting written contracts for the work we deliver.

Vanesa Valentine certified as a Role Trainer in 2016. For the past 15 years she has run her own business, V V Training designing and delivering training largely for the Health & Manufacturing sectors.

8. Protagonist Schemas in a Three-Day Intensive Psychodrama Group – Yehoshua

In this study, the schemas that arose in enactments in a three-day experiential psychodrama group were examined. An across case and within case approach was used with the video recorded group sessions. The data was analysed using qualitative descriptive methods and Young's early maladaptive schema framework. The dominant themes were that of disconnection and rejection, and emotional inhibition. These findings lend support for psychodrama as a group psychotherapy treatment that can reduce inhibition and promote spontaneity. This presentation will focus on the research design, data collection and data analysis challenges encountered in completing this project. The findings will also be presented.

Yehoshua is a social worker, group psychotherapist, gestalt therapist and family therapist with 40 years experience. He has recently qualified as a social science researcher.

Thursday 26th Afternoon

Session Selection 2:00pm – 2:30pm

Sessions 2:30pm – 5:30pm

Afternoon Sessions

9. Appreciating the Effects of Organisational Structure on Role Function and Considering Ethical Leadership Practice in the Context of Complex Stratified Systems – Hamish Brown & Marilyn Hunt

Five of us formed Phoenix Facilitation in 2009. Our inspiration was to develop an approach to group facilitation and organisational leadership that is based upon the core social and organisational theories of Psychodrama. The theories of sociometry and role theory provide a sound basis for effective developmental work in organisational contexts. In this workshop we will share our Leadership model

The 5 Forces which provides the core model for our second workshop called People Systems and Change. The 5 forces model introduces psychodrama in a manner that makes sense to people working in organisations who are not particularly psychologically inclined.

Hamish is a psychodramatist and TEPIT, & is passionate about the development of generative capacity in people and organisations.

Marilyn is in training as a sociodramatist, & enjoys working with groups to help them achieve the outcomes they are looking for, exploring and strengthening their working relationships in the process.

10. Let's Make it Happen! – Sara Crane

Bring your creative ideas and vision for the project you want to make happen in your community or personal/professional life. We will work together to refine and clarify what you want to achieve and how the impact of your project can be maximised. There will be a focus on working together and building relationships so that the spontaneity of the group is engaged in the planning and delivery of potent and purposeful endeavours. Anticipate experimenting with your applications of the psychodramatic method in its broadest forms and come prepared to extend yourself.

Sara practices as a Psychodramatist and child/family therapist, a trainer for CIP in Christchurch and Dunedin. She is involved in a community project which enables 'pitchers' to get projects off the ground. She also hosts an experimental restaurant once a month from her home and convene the public interest day for the llama section of the Christchurch Agricultural Show.

11. Introduction to Journal Process Writing – Marilyn Sutcliffe

In Journal Process writing the focus is on warm up to self and others. It is both a reflective and contemplative process. For me the dialogue process at the heart of Ira Progoff's work is a written form of role reversal. As part of the warm up we will focus on past history and to a number of areas in your present life that involve relationships and may involve social issues and creative endeavors and projects. This is a process you can integrate into your daily life. You will need to bring a folder or journal and coloured dividers.

Marilyn Sutcliffe has run many Journal Process workshops over a number of years. She is a psychodramatist working in private practice. She is also a TEP and is a staff member of the Auckland Training Centre for Psychodrama.

12. Thank God for Psychodrama – Rosemary Nourse

I deeply appreciate how psychodrama enhances my enjoyment of life and my capacities as a person, a counsellor and a mediator. Some occasions bring this into sharp focus. Recently, after a challenging situation in which I knew I had 'met' a client, I sat down to reflect on our

time together and write my notes. At first, with relief, I simply wrote TGFP. We will warm up to, concretise and value the contribution psychodrama makes to our lives and work.

Rosemary is a psychodramatist, a Wellingtonian by choice, a counsellor, gardener, parent ... whose love and appreciation of life grows.

13. Using the Social and Cultural Atom as an Outcome Measure – Tania Blomfield

This workshop presents a case study of a teenage boy, Tim, where the Social and Cultural Atom was used as a way of measuring change over time, and for providing Outcome Measures for Third Party Funders.

Psychodramatic principles were integrated with Sand Tray Therapy for Tim to experience his social and cultural atom. As well as discussing the effectiveness of this method, we will explore this method in more detail by having an enactment with a protagonist.

Tania is a trainee psychodramatist in Auckland, and works in private practice, primarily with people affected by sexual abuse.. She also lectures at Whitecliffe College of Arts and Design, in the Arts Therapy Programmes. She is particularly interested in working with dissociation and shame.

14. Feel the Fear and Do it Anyway – Overcoming the Challenges to Setting up and Leading a Personal Development Group in the Community – Ali Watersong

Setting up and leading an experiential psychodrama group in the community and meeting the challenges this entails is daunting.

In this workshop we will examine what gets in the way and explore what can support you to take this step. This experiential workshop is suitable for trainees who are keen to spread their wings and take off...

Ali Watersong started leading psychodrama personal development workshops 2 years after she attended her first training workshop in 1986. Since then she has regularly conducted a variety of psychodrama events in the community. She is a psychodramatist and teacher and delights in bringing the creativity and magic of this method to all and sundry.

15. Creating a Living Sculpture – Phillip Corbett

This workshop offers the opportunity to create a dynamic sculpture of your current system of roles - progressive, coping, fragmenting or absent. Group members will be asked to form the components of the sculpture with the assistance of some colourful props. You will then be able to experience the sculpture from within and from the mirror position where you can interact with your creation and make

interventions as you feel warmed up to in the moment. In this way you may gain insight into the current functioning of your role system as well as exploring possibilities of further role development work in future.

Phillip is an advanced psychodrama trainee in Melbourne. He also has a background in theatre as a director, actor and playwright and after recently recovering from a severe and protracted illness is rebounding with a new zest and passion for life and psychodrama.

16. Applying Psychodrama in Counselling Training with Clinical Psychology Students – Charmaine McVea

This workshop presents the use of role theory and psychodrama techniques in training post-graduate psychology students in counselling skills. By the time people enter a Masters of Clinical Psychology program in Australia, they have had four years of academic training in a highly competitive environment that emphasizes the need to 'get it right'. Becoming an effective practitioner requires a very different orientation – the ability to be with another person in their reality and to enter into the unknown together. Psychodrama assists in the development of this relational capacity that is the foundation of counselling skills.

Charmaine McVea is a psychodramatist and psychologist working in private practice in Brisbane. She is a TEPit with the Sydney-Canberra Campus of Psychodrama Australia and is also a visiting lecturer in psychology at two Brisbane universities.

Thursday 26th Evening

Session Selection 7:00pm – 7:30pm

Sessions 7:30pm – 9:00pm

Evening Sessions

17. The Good, The Bad and The Ugly – Working in Forensic Settings – Martin Putt

"If an egg is broken by an outside force, life ends. If broken by an inside force, life begins. Great things always begin from the inside." How do we get past the walls of defense, stuck-ness, and inertia to create relationships that make a difference, awaken life, and survive to continue such work? I imagine us collaboratively considering the highs and lows of working in forensic settings, drinking at the oasis together and restoring dignity to our best endeavours.

Martin Putt is a psychodramatist working in Auckland, Aotearoa NZ with boys and men who commit sexual and other offences. After many years in a community agency doing this work he now works part time in private practice and part time in a forensic psychiatric setting with intellectually disabled men.

18. 25 years of Personal Development Workshops – Richard Hall

This session will focus on personal development with the public using the psychodramatic method. I have run this 4 term group of 9

sessions over 25 years. This is an opportunity to reflect and share insights and thoughts over many years of running these groups. Some of the people have attended for over 8 years in this ongoing personal development group. An emphasis in the workshop will also be on insights on the value of concretisation as an instrument for assessment and planning and the power of the mirroring in the process.

Richard Hall is a Psychodramatist, TEPit, and Counselling Psychologist. He runs a private practice in Melbourne and has worked with a wide variety of people including homeless, drug and alcohol, Victims of Crime. He sees individuals, couples for counselling. For several years ran a personal development group for deaf people with signed English.

19. A Peek Into Two Practices – Bev Hosking, Glenis Levack & Marcia Armadio

For 8 years Glenis Levack taught maths at a school for teenagers. Now retired Glenis is still involved with this school and is currently the graduate coordinator, mentoring students who have left whether they are at home, work or are in tertiary studies.

Marcia Amadio has a counselling practice part of which has involved working for Employee Assistance Programmes (EAP) for 16 years.

Bev Hosking will work with Glenis and Marcia to produce some short enactments that demonstrate their application of the psychodrama method in their practice.

Bev Hosking is a role trainer, TEP and the Executive Director of the Wellington Psychodrama Training Institute. She is committed to bringing spontaneity and creativity to all aspects of life and work and supporting this in others also involved in this endeavour.

20. Happy Moments – Hiromi Nakagomi

In Sydney I attended Antony Williams's workshop on "Rituals" which inspired me to apply this. Since then I have enjoyed directing various happiest moments with members of my group in Japan. In this workshop I will direct using this technique to produce many happy moments dramatically.

Hiromi Nakagomi is a psychodramatist and psychodrama trainer certificated by the Tokyo Psychodrama Association. Hiromi appreciates the method as it has been developed in AANZPA and is dedicated to bringing this to her regular training group which she leads in Tokyo and Utsunomiya. For many years Hiromi translated for Max Clayton in training workshops and continues to translate his books into Japanese.

21. Migrants: Moving Towards, Moving Away. Our Place, Their Place, Us, Them and Beyond – Jacqui Gough

We are all migrants, or are descended from those who have migrated. This workshop explores what it means to be a migrant and how we respond to the experience of those on this journey. As people leave their homelands and seek a place in Aotearoa NZ, Australia or any new country we consider:- What will enable us to move towards one another with a view to creating new and creative lives together? Let us explore and deepen our understanding, and appreciation of what it means to be a people on the move and what is required to stay in relationship.

Jacqui migrated from the UK 30 years ago. Recently she has been reflecting on the impact on her identity of this experience and her own responses to the migration of people from strife filled areas of the world.

22. Vitality and the Audience: Playing with Moreno's Fifth Instrument – Paul Baakman

The audience has much to offer in adding vim and spark to a production. Audience involvement energises group members and helps to turbo-charge a production, leading to a relevant and vital experience to all involved.

Paul Baakman is a Psychodramatist (TEP) and Psychotherapist in private practice. He is director of training for CITP. He lives in Little River where he is creating a bird and bush sanctuary.

23. Experimenting with the Morenian Stage – Cushla Clark

When producing psychodramas I have experienced the value of using space as a therapeutic tool. I have found that using the physical dimensions of space can assist a protagonist to appreciate dimensions of their reality heightening their spontaneity and creativity. These ideas are integral to the design of Moreno's three tiered stage which has a designated warm-up area, a circular action space higher than the audience and a balcony for the Gods.

In this workshop we will experiment with an approximation of Moreno's stage and reflect on the impact the stage has on the warm-up of the protagonist, producer, auxiliaries and audience.

Cushla Clark is a psychodrama trainee in the Auckland Training Centre for Psychodrama. She works with parents to develop non violent relationships with their children and is passionate about psychodrama and the changes it can produce in people. Cushla has recently completed her thesis entitled "Liberation via the Stage".

Morning Sessions

24. A Sense of Place – Jen Hutt

This workshop explores our experiences of place. Landscapes, cityscapes, towns, rivers, coast. Dramatic enactments and other creative activities will be employed to explore how experiences of place affect and enrich our lives as practitioners. This may touch on the places we live and work, places of origin and places we have sought to explore.

Jenny Hutt is from Waimate, at the foot of the Hunter's Hills. She lives and works in Northcote, Melbourne near the Merri Creek. She works as a Sociodramatist, TEP, and facilitator. This year her work has taken her to regional NSW and to Fitzroy Crossing in the Kimberly.

25. Relationship is the Uniting Principle of the Universe....Strengthening Managerial Leadership When the Stakes are High – Annie Currie

The position of Managerial Leadership can be a lonely place to occupy. Many organisations and small to medium businesses can benefit from support, using the tools and teachings of psychodrama. This results in an increase in managerial leadership effectiveness through self awareness, an appreciation of diversity, the value of systems thinking and improved communication skills. The outcome includes increased response ability, job satisfaction and spontaneity, with positive spin offs for colleagues, employees and the overall company culture and functioning. I will present a couple of case studies and invite discussion and input from those attending. There will be opportunity for others to present their work for discussion and shared input.

Annie has worked as a Psychotherapist, Psychodramatist, and Consultant to organisations and companies for many years. Her work includes personal psychotherapy, supervision, plus mentoring of managers, team leaders, business owners and employees. Her work is nourished by creative interests, and shared adventures of one kind or another, with family and friends.

26. Interpersonal Neurobiology, Phantom Limbs, Mirroring and the Social Self Schema – Phil Carter

We will experience how a foreign object may be amalgamated into the felt experience of our physical body. Contemplating how the healing of phantom limb pain can occur through the use of mirrors offers further insights into the mechanisms of identity. There are clear parallels with the production of the social and cultural atom on the psychodramatic stage. Such understanding can intensify our awe at the astonishing effects that occur. We will experiment with different production techniques. Together we will inquire into the deep mystery which is the psyche, at once individual and collective.

Dr. Philip Carter is a psychodramatist with two decades experience using the psychodramatic method. He has used the method in research, teaching, computer usability, social inquiry, organisations, leadership training, individual and couples work, men's groups, domestic violence and sexual offending.

27. Getting Along with Social Media – Simon Gurnsey & Ali Watersong

"Life is really simple but we insist on making it complicated." Confucius

Exponentially accelerating technological change can be bewildering... more complexity and more to do. And then there's Social Media. How do you keep up? Or is it easier to opt out. This will be an experiential session aimed to engage both those who have yet to dip their toes in and those more confident with technology. We will use psychodrama and sociometry to delve a bit deeper into what's happening for you and in society as a whole. We will get an understanding of how social media works, exploring some of the networks available and bring out our responses to this phenomena. It may involve you reversing roles with your Facebook or cyberspace. Whether your interest is user-generated content platforms like Instagram, Facebook, YouTube or Twitter or communicating through websites or mailing lists...., sociometric principles and psychodramatic techniques can be applied.

Simon Gurnsey is a Sociometrist and AANZPA's webmaster. His work for city-making organisations like Greening the Rubble and Gap Filler includes many forms of digital media. His dog, Mr. Brock, goes to work with him every day, mainly to fetch sticks.

Ali Watersong is a psychodramatist and teacher. She has been running psychodrama groups in the community for over twenty-five years and delights in introducing people to the wonder and creativity of the method. She lives in Lyttelton in a renovated miner's cottage and loves walking Sophie, her border collie dog. She has a love/hate relationship with computer technology!

28. Spiritual Resilience in Loss and Grief – David Oliphant & Angela Young

This workshop will demonstrate our use of the psychodramatic method in the training of pastoral/spiritual carers. These people, like Moreno, are motivated by love. They go out into the streets/hospitals etc to come alongside people in their sorrows and joys. They are training to be spontaneous auxiliaries in the lives of others. This experiential workshop is one example of our work. Accepting our own losses and grief, and drawing upon our own inner resources is essential if we are to be with the pain and spiritual resilience of another. Please note that the late Dr Max Clayton originally trained in Clinical Pastoral Education.

David is an advanced psychodrama trainee and an acting Level 3 Clinical Pastoral Education Supervisor. Angela is an advanced psychodrama trainee, consultant group-worker in Pastoral care training and pastoral care practitioner, with a background in community health nursing.

29. Building Trust through Conflict – Cher Williscroft

Do you have someone in your life who you want to build a bridge with, discuss a misunderstanding, a values or style clash or heal a communication breakdown? I want to live in a culture where we approach those whose behaviour has had a negative impact on us with care and consideration. I will work with you to develop a greater purpose for this conversation and a vision for your on-going relationship so that you are more accepting of this person from the get-go. Once you have planned your initial approach you will enact it with role reversal and doubling.

Cher Williscroft is a Sociodramatist (TEP) and a staff member of Nelson Branch of the Wellington Psychodrama Training Institute (WPTI). She works as a mediator and mentor and has committed her life's work to helping people resolve conflict and build their relationships. Cher runs two day workshop called Courageous Conversations.

Friday 27th Afternoon

Session Selection 2:00pm – 2:30pm

Sessions 2:30pm – 5:30pm

Afternoon Sessions

30. Men's Wellbeing – Peter Howie & Chris Hosking

Men's wellbeing has recently come more to the fore. This workshop will use action to reflect on the worldviews, perspectives, and systems of working with men's wellbeing. We will work directly with the current approaches and interventions that AANZPA practitioners have discovered through their commitment to develop novel, relevant, effective and inclusive opportunities for men's wellbeing to be acknowledged. This workshop will involve a sociodramatic exploration and will lead to an expanded vision of the area, and a variety of possible opportunities for making interventions.

Peter Howie is a Psychodramatist, TEP and a PhD candidate at Griffith University researching the psychodramatic concept of warm-up. He has been involved with men's wellbeing and men's work since for the early 1990s having run many conference sessions in men's conferences, plenary sessions, and men's self-development psychodrama groups. The unspeakable brilliance and clarity of human creativity keeps him warm and willing to continue to contribute to the eventual emergence of a fantastic world in this millennium and the next.

Chris Hosking is a Psychodramatist and TEP currently living in Kerikeri, New Zealand. She doesn't know so much about Men's Well Being but recognised that very good work is being done by AANZPA practitioners and beckoned them 'in' to present their work.

31. Managing Multiple Relationships in the Regions – Diz Synnot and Claire Guy

Our AANZPA regions comprise a complex network of multiple relationships. Associate, trainer, practitioner, associate affiliate, conference convenor, regional committee member, long term advanced trainee and new trainee. Every role and role relationship has significance in the overall functioning of the region. Each region finds unique solutions to the challenges they face.

In this workshop we will explore the sociodramatic question "What assists life-affirming functioning in AANZPA regions?"

Elizabeth Synnot (Diz) is a sociodramatist and a TEP in training. She has a family therapy practice in Brisbane. For thirty years until 2016 she conducted leadership and executive team work programs in public and private sector organisations. She is currently the AANZPA President and was on the Ethics Committee for eight years. She is the joint Treasurer for the Brisbane Region of AANZPA and will be the co-convenor for the 2018 conference to be held in Brisbane. Diz lives at Woody Point on the Redcliffe Peninsula just north of Brisbane with her grandson.

Claire Guy is a psychodramatist and TEP. She has a psychotherapy practice in Nelson, NZ. Much of her work is in supervision and training roles. She is a staff member and trainer of a training institute in Nelson and is currently Vice President for the Executive with a responsibility for currency, succession and links with PBANZ and NZAC. She is an international grandmother with 6 grandchildren, spread across the world. Her other loves include her husband, cycle touring, dancing and yoga.

32. A Book Group – Bev Hosking

Books are a significant part of the cultural conserve. At the same time reading books, both fiction and non-fiction, can lead to the discovery of new worlds, ideas, characters etc and in this way be a springboard for the development of spontaneity. This session offers an opportunity for an exchange about books that have captured your imagination and/or stimulated your thinking recently. This will happen in action. You might like to enact a scene, chat with a favourite writer, explore some ideas, speak with a character you find of interest or enter their world for a time. In the process you will develop your spontaneity as well as adding to your books-to-read list.

Bev Hosking is a role trainer and is experienced in active methods that aim to promote social dialogue and cohesive communities. She is committed to bringing spontaneity and creativity to all aspects of life and work. She is currently a trainer and the Executive Director of the

Wellington Psychodrama Training Institute.

33. Adapting Group Work Skills: Applying Psychodrama in 2017 to Mental Health and the Acute Inpatient Setting – Willi Boettcher & Fiona Dawes

Willi Boettcher will lead the group and facilitate the experiential component. Willi has created a weekly psychodrama group in the competitive domain of acute inpatient psychiatry. What are the themes and how are participants coaxed to join the group?

Willi reflects..."Throughout the 25 years of working in mental health I have had a hunger for group work. The opportunity presented at the end of last year. Anxiety and enthusiasm are my companions in running groups under the general heading of 'Discharge Planning'. I have identified 10 topics under this umbrella and these are in any order at any one group session. I incorporate other topics into the mix."

Fiona Dawes is also applying psychodrama to group facilitation in this facility, covertly, in subtle ways, beginning to identify roles that help or hinder. Fiona will contribute to the warm up inviting discussion of role theory and reflecting on these experiments.

34. First Across the Bridge – Fiona Boddy

This workshop explores the experience of a Union and Employer working together using an interest based approach to jointly improve organisational performance and workplace conditions. In particular the workshop will focus on how to use an interest based approach, and explore how this method might assist divergent parties to "cross the bridge" and work together to find solutions.

An advanced psychodrama trainee, Fiona has worked as a consultant to a range of diverse organisations using partnership and interest based approaches to solve complex workplace problems.

35. The Art of Doubling – Annie Fisher

Doubling is a corner stone of the psychodramatic method. The practice of doubling is essential in a dramatic production, in group work, individual work and in our every day relationships. It's practice demands rigour and ongoing development in the practitioner of the psychodrama, sociodrama, sociometry and role training. This workshop will include theory, enactment and discussion. The focus is for participants to collectively review the current practices of 'doubling' and to develop further abilities in the practice of 'doubling'.

Annette Fisher is a psychodrama, trainer, educator and practitioner. She conducts training in ACT, Sydney and Adelaide. She is a psychotherapist and an artist currently involved in a course on writing children's picture books children's. Her passion is learning and

creativity.

36. The Practice of A Working Sociodramatist – Brendan Cartmel & Christo Patty

The 'Practice Of A Working Socio-dramatist' will be explored throughout an experiential session. The structure of Brendan's Thesis will be explicated as will its implications for practicing Sociodrama. Vignettes and role training enactments will be conducted enabling participants to apply this unique approach when conducting Sociodrama workshops. Particular attention will be paid to social systems being both stratified and emergent and best engaged with when aware of clients acting in developmental social dynamics.

Brendan is an AANZPA Certified Sociodramatist practicing in Melbourne. He practices both as a sociodramatist and as an executive coach using an inter-developmental approach.

Christo Patty is an advanced trainee in the Queensland Region. His work is as an organisational development consultant with an eclectic practice of individual and group activities within organisations with people at all organisational levels. Alternately you'll find him upside down in his kayak off the coast of Coochiemudlo – don't disturb him, he's practicing his Greenland roll!

37. Preparing to Engage with Other Disciplines – Exploring Pre-conceptions and Past Influences – Jane Maher

Our role relationships at work present us with complex micro-dynamics often in the absence of a creative culture or progressive processes. Our different conceptions and expectations inform our approaches yet they are often internalised, out of our awareness and sometimes defended by our own "role-firewalls."

The aim of this workshop is to strengthen firstly our naive enquirer and then our intuitive perceiver/carer to in turn, strengthen our capacity for role reversal. This is all in the service of nurturing our progressive role development, our sociometry and enhancing our spontaneity in relationships in general and at work in particular.

Jane Maher is a certificated Psychodramatist, a mental health nurse and a clinical family therapist. I work in a multi-disciplinary workplace in the service of strengthening the relationships between families of children and young people and their schools. It often involves working across disciplines which presents challenges and opportunities for role development and spontaneity tests. My experience of these challenges has been the inspiration for this session.

Friday 27th Evening

7:00pm – 9:00pm

Evening Entertainment: Paul Baakman, Marilyn Sutcliffe and Jo Dewar's onstage persona will delight us with performances including song and laughter.

Saturday 28th

AGM 9:00am – 5:30pm

Dinner Dance 7:00pm – 12:00am

AGM: This is no ordinary meeting. Often regarded as the highlight of the conference, our AGM is the time when we get better acquainted with what we have each been doing over the year. It is an opportunity to appreciate the variety of contributions to our work, to celebrate achievements, to develop our ideas and to plan future activity relevant to AANZPA.

Dinner Dance: Buses depart from the Quality Hotel at 6:15pm to take us to Cornwall Park where we will dine at Sorrento in the Park. Dinner will be followed by music and dancing with a psycho-disco theme.

Sunday 29th Morning

Session Selection 9:00am – 9:30am

Sessions 9:30am – 12:30pm

Morning Sessions

38. Take 2 – Celebration Re-Run – Vanesa Valentine

I graduated as a Role Trainer at the 2016 AGM. It was one of the most extraordinary, enlivening, fun celebrations of my life. It was made possible by the generosity and creativity of my peer group. In this experiential session we will hear from group members about celebrations that they would like to re-run. We will use surplus reality to recreate at least one and possibly 2 or 3 of these celebrations. Come along ready to play, sing, celebrate and generally let your hair down and be with your peers as they fill themselves up with a take-2.

Vanesa Valentine certified as a Role Trainer in 2016. For the past 15 years she has run her own business, V V Training designing and delivering training largely for the Health & Manufacturing sectors.

39. I See Within the Human – Chris Hosking & Nguyen Tam

In 2001 a participant said "I don't want to wake up just my sleeping part – I want to wake up my sleeping volcano!" and indeed she has gone on to express much that was being born and held within. This session will focus on some initiatives that have been taken over 20 years to influence the norms of culture in Vietnam in particular the shift of an intensely besieged, collectivised and fear based focus on the external persona to at times allow recognition the inner world, and expression of the inner world. The emergence of a vibrant LGBT community in Vietnam is one powerful force that challenges 'a look within' but also Ethnic minority groups who suffer in a different way,

have complex and extreme external pressures to encounter that stand in their way of 'looking within'. Application of the psychodramatic method has assisted some of these groups in building a bridge between the world of the external authority and the inner feeling being and therefore nurtured an expanded definition of leadership.

Nguyen Tam has a lengthy history as a community development consultant in Vietnam. More recently she has become actively involved in Human Rights and been a co-founder of the group 'The Human Rights Space'.

Chris Hosking is a Psychodramatist, TEP and community development worker. She has been associated with some NGO initiatives in Hanoi over the past 20 years that have been oriented to leadership as relevant to community building today.

40. Translating, Evolving, and Transforming Psychodrama to our Current Settings – Ali Begg

I trained first as a GP and then as a psychodramaist. This led to my work as a medical educator using role play and simulations to teach consultation and communication skills. Now I am involved in teaching group leadership skills to medical educators. I plan to present some aspects of my work as a group warm up that I hope will lead to valuable discussion, enactments and development of our ideas and sharing of experience around the question "How do we translate, evolve and transform our psychodrama knowledge and experience so that it is useful in our current work settings?"

Ali Begg is a GP and Psychodramaist with a passion for improving the lot of doctors and their patients through discovering ways of combining and applying knowledge and experience from her various walks of life. She also loves the outdoors and is developing as a musician and potter!

41. Part 1 The Application of Psychodrama in a Private Counselling Practice – Part 1 of a 2 Part Workshop – Renee Alleyne

A demonstration and discussion of the use of Psychodrama in my work with individual clients -both adults and children as well as couples. Listening for action cues, looking for roles, doubling and mirroring, enactments,maximisation and more....

Renee Alleyne works in her Private Practice as a Counsellor and Sex Therapist in Motueka. She is also a committed grandparent and keeps herself afloat with her daily buddhist meditation practice and learning Te Reo me ona tikanga. Zumba, line dancing and a new puppy compete with her time not to mention a 30 yr partnership with her beloved and did I forget to mention the B&B and abundant organic property complete with chickens and fruit trees

41. Part 2 How You Use Psychodrama in Your Work – Renee Alleyne

An experiential session with a warm-up to "How you use Psychodrama in your work" including any challenges you may have in this area.

Renee Alleyne works in her Private Practice as a Counsellor and Sex Therapist in Motueka. She is also a committed grandparent and keeps herself afloat with her daily buddhist meditation practice and learning Te Reo me ona tikanga. Zumba, line dancing and a new puppy compete with her time not to mention a 30 yr partnership with her beloved and did I forget to mention the B&B and abundant organic property complete with chickens and fruit trees

42. Re-Storying our Dreams: Exploring Psychodrama of Dreams Through a Postmodern Systemic Lens – Craig Whisker

Moreno's classic 'psychodrama of a dream' (1951) draws heavily on dream interpretations made by the director, in keeping with Freudian influences of the time. His goal was to empower protagonists to change their dreams.

Postmodern systemic therapies offer concepts applicable to re-storying a dream that privilege protagonist interpretations. These include co-researching (initial interview, scene setting, interview for role), externalising conversations (concretisation, role reversal), re-emerging local knowledges (surplus reality, enactment, soliloquy, aside), exoticising the domestic (doubling, mirroring, maximisation) and co-constructing reality (auxiliary work, audience participation, sharing/integration).

You are invited to come along and explore psychodramatic dreamwork through such a lens.

Craig Whisker is a psychodramatist who works as a family therapist and family therapy educator in NZ. Lately, he has been working with members of the Dream Network Aotearoa-NZ Inc., and this has kindled his interest in applying postmodern systemic processes to psychodrama.

43. In the Nooks and Crannies - Working Experientially in Conservative Organisational Systems – Jane Goessi

Working within the hierarchy of a hospital system it is possible to find a variety of nooks and crannies where the tribal rivalries that flourish in the open are put aside in the interests of the new. There are always people who are willing to playfully explore and experiment with different ways to respond to tricky interactions with both colleagues and patients. I also find this to be the case in other organisations I have worked with more recently. My question for those of us working in organisations is: What approaches assist people in workplace groups to experiment with new responses to old situations?

Jane Goessi is an advanced trainee with the Auckland Training Centre for Psychodrama. She is an organisation development consultant now in private practice after many years employed in an organisational development role within a large hospital. She continues as a

woman on a mission to co-create ways for people to engage in forthright, friendly and authentic ways with one another.

Sunday 29th Afternoon

2:00pm – 3:30pm

Potent moments - integration and applications – Diana Jones, Margie Abbott, Helen Phelan, Simon Gurnsey: 2:00pm – 2:30pm

Closing Ceremony – Handing over to Conference 2018 and Poroporaki: 2:30pm – 3:30pm